

Circuit Breaker Online - Group Agreement

In choosing to take part in this online Circuit Breaker group, I commit to doing everything within my power to make the group experience safe and fruitful for both myself, and the other members of my group. To ensure that the group remains a safe place for us to share our stories from week to week, I agree to the following:

- I will take responsibility for ensuring that I log in on time and participate in all ten sessions of the course

- I agree that if I am unable to participate in the group on more than one occasion that I will be asked not to continue the Circuit Breaker group

- I agree that what is said in the group stays in the group, and will make every effort to protect the privacy and identity of other group members. In this online group, I agree to the following:
 - I will participate in a private place where there is no risk that other people might enter, pass through, overhear, or be able to observe my group
 - I will not try to record the session by any means
 - I will turn off phones, TVs and any other devices which might distract me from full and focused participation in the group session and video session and will ensure there is a reliable plan to avoid being interrupted by children, pets or my partner
 - If provided with passwords, I will not share or store these for any use outside of or subsequent to the group session

- I agree to share my personal story from week to week to the best of my ability, and to listen to the stories of other group members without judging, shaming or advice-giving

- I agree that the confidentiality of information that I share will be broken if I disclose any clear intent to commit any violent or abusive crimes or place others at risk of serious harm, or if I disclose any abuse of persons under the age of 18

- I agree to participate in the group in a fit state, and not under the influence of drugs or alcohol

Please note that your agreement to participate in the group and program shall constitute your acceptance of all of the above conditions. Failing to adhere to this agreement may result in you being removed from the group, and could also lead to legal action being taken against you.