

Circuit Breaker Course - Group Agreement

In choosing to take part in this Circuit Breaker group, I commit to doing everything within my power to make the group experience safe and fruitful for both myself, and the other members of my group. To ensure that the group remains a safe place for us to share our stories from week to week, I agree to the following:

- I will take responsibility for ensuring that I attend all ten sessions of the course.
- I will take responsibility for arriving each week between 6:30 and 7pm.
- I agree that if I am unable to attend the group on more than one occasion that I will be asked not to continue attending the Circuit Breaker course and group, and that no refund will be offered.
- I agree to complete any homework tasks agreed to by the group.
- I agree that what is said in the group stays in the group, and will make every effort to protect the privacy and identity of other group members.
- I agree to share my personal story from week to week to the best of my ability, focusing on my own journey, rather than blaming my partner or others.
- I agree to listen to the stories of other group members without judging, shaming or advice-giving.
- I agree that the confidentiality of information that I share will be broken if I disclose any clear intent to commit any violent or abusive crimes, place others at risk of serious harm or disclose any kind of past or intended abuse of a person under 18.
- I agree that I will NOT be issued any kind of certificate of completion, nor any kind of character reference and agree not to request this from the course facilitators.
- I agree to arrive at the venue each week in a fit state, and not under the influence of drugs or alcohol.
- I agree not to use my mobile phone during sessions, except in exceptional circumstances.

Signature of Participant

Date